

HELLO I LOVE YOU

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RHYTHM/PHASE CHA 4+1 (OPEN HIP TWIST) RECORD UNITED ARTISTS UA-X1288-Y CRYSTAL GAYLE (FLIP SIDE OF WHEN I DREAM)
SEQUENCE INTRO-A-B-C-END SPEED 45 RPM FOOTWORK OPPOSITE (EXCEPT W IN PARENTHESES)

INTRO

1 - 8 WAIT; WAIT ; SPOT TURN TWICE TO A LEFT HAND STAR ;; UMBRELLA TURN ;;;

- 1-2 BFLY FCG PRTN & WALL LEAD FEET FREE WAIT; WAIT ;
3-4 XLIF OF R trng RF1/2,rec R trng RF1/2, sdL/clR,sdL; Xrif of L trngLF1/2, rec Ltrng LF 1/2, sd R/cl L, sd R .to a left hand star fcg RLOD;
5-6 fwd L,recR,bkL/cl R, bk L; bkR rec L.fwd R/cl L, fwd R (W fwd Ltrng 1/2 RF under joined hands,rec R,fwd L/cl R,fwd L);
7 fwd L,recR,bkL/cl R, bk L (W fwd R trng 1/2 LF under joined hands, rec L, fwd R/ cl L,fwd R);
8 bkR, rec L trng1/4 to fc prtn sd R/clL,ad R (W fwd L trng 1/2 RF under joined hands, rec R cont trn to fc prtn, sd L/ cl R,sd L);

PART A

1 -16 FULL BASIC ;; CHASE PEEK A BOO DOUBLE ;;;;;; 1/2 BASIC ; FAN ; ALEMANA ;; LARIAT ;;

- 1- 2 fwd L,recR,sd L/cl R,sd L ; bk R, recL, sd R/ cl L, sd R ;
3 fwd L trn1/2 RF fc coh,rec fwd R, fwd L/Ik RIB of L, fwd L(W bk R, rec L, fwd R/ lkLIB of R, fwd R);
4 sd R looking over Lshoulder,rec L, cl R, in place L,R (W sd L,rec R, clL in place R, L) ;
5 sd L looking over R shoulder, rec R, cl L/ in place R, L(W sdR, rec L,cl R/in placeL, R') ;
6 fwd R trng 1/2 LF, rec fwd L, fwd R/ cl L, fwd R (W fwd Ltrng1/2 RF fc wall,rec fwd R,fwd L/Ik RIB of L, fwd L) ;
7 sd L rec R in place L/R,L (W sd R look over L shoulder, rec L, in place R/L,R) ;
8 sd R , rec L, in place R/L,R (W sd L look over R shoulder, rec R, in place L/R,L) ;
9 fwd L, rec R, bk L/ lk RIF of L, bk L (W fwd R TRN 1/2 LF, rec fwd L, fwd R/ lk LIB of R, fwd R) ;
10 bk R, rec L, fwd R/ lk LIB of R, fwd R (W fwd L, rec R, bk L/ lk RIF of L, bk L) ;
11-12 fwd L, rec R, sdL/cl R, sd L ; bk R, rec L, sd R/cl L, sd R (W fwd L, trng LF stp sd & bk R 1/4 TRN TO L, bk L/ lk RIF of L, bk L) ;
13 fwd L, rec R, sd L/ cl R,sd L leading W to turn RF (W cl R, fwd L, fwd R/ fwd L, fwd R comm RF swivel to fc prtn) ;
14 bk R , rec L, sd R/ cl L, sd R (W cont RF trn under joined lead hands fwd L, cont trn fwd R ,sd L/ cl R, sd L to M's R sd) ;
15 in place stp L,R, L/R,L (W circle M clockwise w/joined lead hands fwd R ,fwd L, fwd R / cl L, fwd R) ;
16 in place stp R, L, R/L, R (W fwd L, fwd R, fwd L/ cl R trng to fc prtn , sd L) ;

PART B

1 -16 CROSS BODY ;; NEW YORKER TWICE

- 1 fwd L, rec R trn LF to fc LOD, sd L/ cl R, sd L (W bk R, rec L, fwd R/ lk LIB of R, fwd R twd M staying on Rsd of M end in L shape pos);
2 bk R behind R cont LF trn, rec L, sd R/ cl L, sd R (W fwdL comm trn L, fwd R trng 1/2 LF, sd L/ cl R, bk L)
3-4 trn to LOP fc LOD fwd L, rec R to fc, sd L/ cl R , sd L; trn to open RLOD fwd R, rec L to fc , sd R/ cl L, sdR ;

CROSS BODY ;; NEW YORKER TWICE

- 5 fwd L, rec R trn LF to fCR LOD, sd L/ cl R, sd L (W bk R, rec L, fwd R/ lk LIB of R, fwd R twd M staying on Rsd of M end in L shape pos);
6 bk R behind R cont LF trn, rec L, sd R/ cl L, sd R (W fwdL comm trn L, fwd R trng 1/2 LF, sd L/ cl R, bk L)
7-8 trn to LOP fc RLOD fwd L, rec R to fc, sd L/ cl R , sd L; trn to open LOD fwd R, rec L to fc , sd R/ cl L, sdR ;

OPEN HIP TWIST ; FAN ; HOCKEY STICK ;;

- 9 ck fwd L, rec R, small bk L/ cl R, bk L pushing arm fwd gently to trn W (w rk bk R, rec L, fwd R/ fwd L, fwd R swivel 1/4 RF on R) ;
10 bk R, rec L, sdR / cl L, sd R (W fwd L , trng LF stp sd & bk R making 1/4 trn to L, bk L / lk RIF of L,bk L) ;
11-12 fwd L ,rec R, in place L/R,L (W cl R, fwd L, fwd R/ L, R) ; bkR, rec L, fwdR/ cl L,fwd R end diag reverse & wall (W fwd L, fwd R trng L to fc prtn, bk L / cl R, bk L on diag) ;

BFLY SHOULDER TO SHOULDER TWICE ;; TIME STEP TWICE ;;

- 13-14 bfly trng slightly RF cross LIF (W XIB) rec R to fc prtn, sd L/ cl R, sd L; trng slight LF cross RIF (W XIB) rec L to face prtn, sd R/ cl L, sd R ;
15-16 crossLIB, rec R , sdL/ cl R, sd L : cross RIB , rec L, sd R/ cl L, sd R ;

PART C

1 16 SPOT TURN TWICE TO A LEFT HAND STAR :: START AN UMBRELLA TURN ::

1 -2 XLIF OF R trng RF1/2,rec R trng RF1/2, sdL/clR,sdL; XRIF of L trngLF1/2, rec Ltrng LF 1/2, sd R/cl L,sd R .to a left hand star fcg RLOD;
 3 -4 fwd L,recR ,bkL/cl R, bk L; bkR rec L.fwd R/cl L, fwd R (W fwd Ltrng 1/2 RF under joined hands,rec R,fwd L/cl R,fwd L);

FINISH UMBRELLA TURN ::; FULL BASIC ::;

5 fwd L,recR,bkL/cl R, bk L(W fwd R trng 1/2 LF under joined hands, rec L, fwd R/ cl L,fwd R);
 6 bkR, rec L trng1/4 to fc prtn sd R/clL,ad R (W fwd L trng 1/2 RF under joined hands, rec R cont trn to fc prtn, sd L/ cl R,sd L);
 7 -8 fwd L,recR,sd L/cl R,sd L ; bk R, recL, sd R/ cl L, sd R ;

CHASE PEEK A BOO DOUBLE

9 fwd L trn1/2 RF fc coh,rec fwd R, fwd L/Ik RIB of L, fwd L(W bk R, rec L, fwd R/ IkLIB of R, fwd R);
 10 sd R looking over Lshoulder,rec L, cl R, in place L,R (W sd L,rec R, cll in place R, L) ;
 11 sd L looking over R shoulder, rec R, cl L/ in place R, L(W sdR, rec L,cl R/in placeL, R) ;
 12 fwd R trng 1/2 LF, rec fwd L, fwd R/ cl L, fwd R (W fwd Ltrng1/2 RF fc wall,rec fwd R,fwd L/Ik RIB of L, fwd L) ;
 13 sd L rec R in place L/R,L (W sd R look over L shoulder, rec L, in place R/L,R) ;
 14 sd R , rec L, in place R/L,R (W sd L look over R shoulder, rec R, in place L/R,L) ;
 15 fwd L, rec R, bk L/ Ik RIF of L, bk L (W fwd R TRN 1/2 LF, rec fwd L, fwd R/ Ik LIB of R, fwd R) ;
 16 bk R, rec L, fwd R/ Ik LIB of R, fwd R (W fwd L, rec R, bk L/ Ik RIF of L, bk L) ;

END

1 -11 FULL BASIC ::; CROSS BODY ::;

1-2 fwd L,recR,sd L/cl R,sd L ; bk R, recL, sd R/ cl L, sd R ;
 3 fwd L, rec R trn LF to fc LOD, sd L/ cl R, sd L (W bk R, rec L, fwd R/ Ik LIB of R, fwd R twd M staying on Rsd of M end in L shape pos);
 4 bk R behind R cont LF trn, rec L, sd R/ cl L, sd R (W fwdL comm trn L, fwd R trng 1/2 LF, sd L/ cl R, bk L)

NEW YORKER TWICE :: CROSS BODY ::;

5 -6 trn to LOP fc LOD fwd L, rec R to fc, sd L/ cl R , sd L; trn to open RLOD fwd R, rec L to fc , sd R/ cl L, sdR ;
 7 fwd L, rec R trn LF to fCR LOD, sd L/ cl R, sd L (W bk R, rec L, fwd R/ Ik LIB of R, fwd R twd M staying on Rsd of M end in L shape pos);
 8 bk R behind R cont LF trn, rec L, sd R/ cl L, sd R (W fwdL comm trn L, fwd R trng 1/2 LF, sd L/ cl R, bk L)

NEW YORKER TWICE :: AIDA & HOLD :

9-10 trn to LOP fc RLOD fwd L, rec R to fc, sd L/ cl R , sd L; trn to open LOD fwd R, rec L to fc , sd R/ cl L, sdR ;
 11 fwd L treng LF, sd R cont trn , bk L/ Ik RIF of R, bk L & hold ;